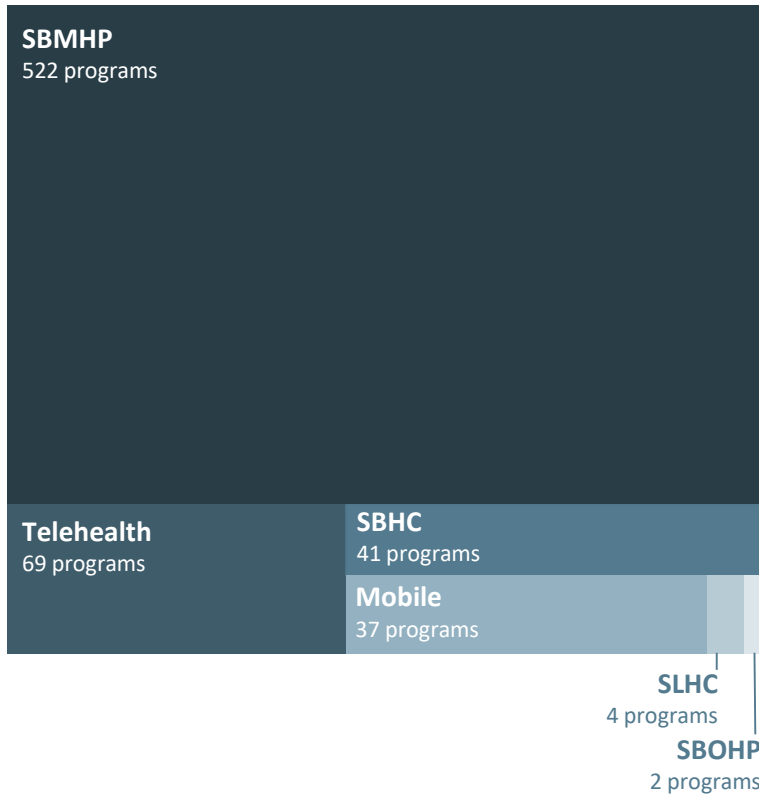# Missouri School-Based Health Programs
2019-2020 Census – SBH Program Description

HOW MANY SCHOOL-BASED HEALTH (SBH) PROGRAMS ARE IN MISSOURI?

SBH programs are a shared commitment between a community's schools and healthcare organizations to support students' health, well-being, and academic success by providing preventative, early intervention, and/or treatment services where students are – in school.

There are 675 SBH programs in Missouri. The vast majority (77%) of programs are mental health programs.

SBMHP
522 programs

Telehealth
69 programs

SBHC
41 programs

Mobile
37 programs

SLHC
4 programs

SBOHP
2 programs

SBH Program Types

- **School-based mental health programs** (SBMHP): mental/behavioral health services are delivered at a fixed site on the school campus

- **Telehealth** programs (Telehealth): 100% of services provided using telemedicine technology

- **School-based health centers** (SBHC): primary health care, at minimum, is delivered at a fixed site on a school campus.

- **Mobile health care programs** (Mobile): services do not have a fixed site and rotate a health care team through multiple schools, generally using a van/bus/clinic on wheels that parks on or near school campus

- **School-linked health care programs** (SLHC): services are delivered off campus at a fixed site near the school

- **School-based oral-health programs** (SBOHP): oral health services are delivered at a fixed site on the school campus
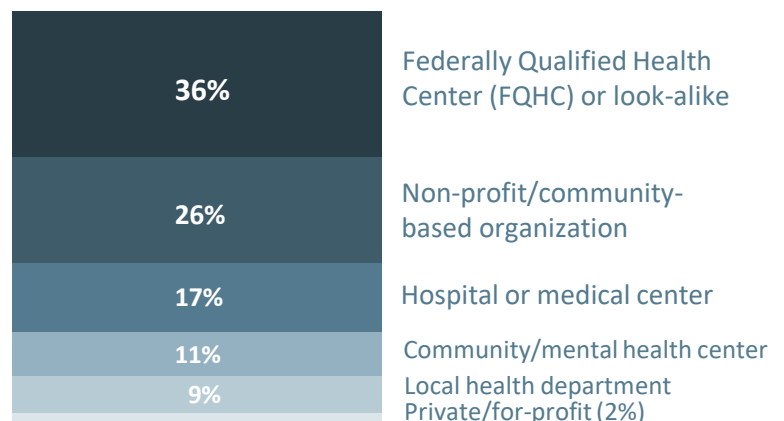
WHO SPONSORS SBH PROGRAMS IN MISSOURI?

Sponsor Organizations provide the backbone support to SBH programs. Usually, these organizations employ the health care providers and often provide financial support for the program.

Key Findings

- **More than a third** (36%) of the sponsoring organizations are FQHCs.

- There are trends in the types of organizations that sponsor specific program types. For example, **local health departments only sponsor mobile programs**.

- 28% of organizations sponsor **more than one program type**.

SBH programs are sponsored by 47 organizations across 6 organization types.

36%	Federally Qualified Health Center (FQHC) or look-alike
26%	Non-profit/community-based organization
17%	Hospital or medical center
11%	Community/mental health center
9%	Local health department
	Private/for-profit (2%)

WHAT SERVICES DO SBH PROGRAMS PROVIDE IN MISSOURI?

SBH programs provide a variety of services that fall into two categories - health care services and supplemental/support services.

SBH programs offer 5 types of health care services

Mental/behavioral - 85% of programs
Services can include group, family, or individual counseling, psychiatric services, prevention education, or case management.

Primary care (with acute care) - 37% of programs
Services include acute care and treatment at a minimum but may also include, immunizations, well child visits, sport physicals, chronic condition management, education, or case management.

Vision - 9% of programs
Services can include screening, exams, or provision of corrective eye wear.

Oral - 4% of programs
Services can include education, screenings/exams, sealants, fluoride treatment, general care, or care coordination.

Physical health (no acute care) - 3% of programs
Services can include immunizations, well child visits, sport physicals, chronic condition management, education, or case management.

Key Findings

- 85% of Missouri programs offer **mental/behavioral health services**, and more than one-third offer **primary care services**.

- 83% of programs offer a single type of health care service, but some SBHCs and Telehealth programs offer **three types of health care services**.

- 16% of programs offer **health care services via telehealth**, about one-third of which are not Telehealth exclusive programs.
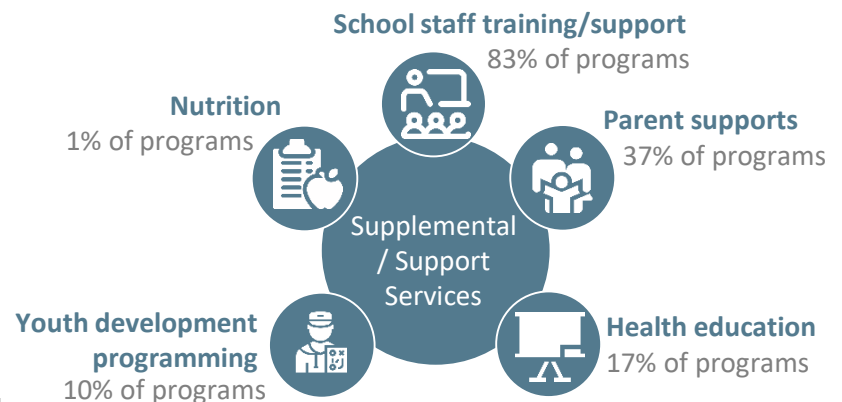
HOW DO SBH PROGRAMS SUPPORT SCHOOL HEALTH AND WELLBEING?

Supplemental or support services are often offered in conjunction with health care services to meet the needs of students even though they are generally not reimbursable.

Key Findings

- More than 90% of Telehealth and SBMHPs provide **school staff training/support**.

- **Nutrition** services are only available through SBHCs.

- Some SBHCs, SBMHPs, and Telehealth programs offer **three or more supplemental services**.

- SLHCs and SBOHPs **do not offer any supplemental services**.

For more information, contact Rachel Barth at RBarth@wustl.edu.

The vast majority (86%) of programs offer at least one supplemental/support service

School staff training/support
83% of programs

Nutrition
1% of programs

Parent supports
37% of programs

Supplemental / Support Services

Youth development programming
10% of programs

Health education
17% of programs

Methodology available here.
Note: Report designed using resources from Flaticon.com