Listening & Learning Session

Friday, May 8, 2020
Overview for Today’s Session

• Introductions
  • Show-Me School-Based Health Alliance of Missouri
  • Today’s attendees

• Update on school re-entry resources

• Listening & learning discussion
  • Mental health & well-being – resources and strategies
    • Amanda Arnold, RN, BSN, Chief Clinical & Risk Officer, Health Care Collaborative of Rural Missouri/Live Well Community Health Centers
    • Amy Hill, LCSW, System Director, School Based Services, Burrell Behavioral Health

• Resources & closing
Show-Me School-Based Health Alliance of MO

Mission: We support communities in building and sustaining quality school-based health programs.

Access to Resources & Best Practices

Peer-to-Peer Networking Across MO Programs

Advocacy & Coalition Building

Target Audience
School districts, community stakeholders, and the healthcare providers that serve them.

Data Collection & Evaluation

Technical Assistance

Training & Education
THE BIG SIX

The Show-Me School-Based Health Alliance has expanded the types of school-based health programs to represent the six types of programs that exist in districts throughout Missouri.

1. Comprehensive School-Based Health Center
Comprehensive School-Based Health Centers are a partnership between schools and community health organizations that deliver primary health care, behavioral/mental health care, oral care, and vision care coordinated by the center—even if they are delivered by different providers.

2. School-Based Health Center
School-Based Health Center (SBHC) programs are partnerships between schools and community health organizations that deliver primary health care, at minimum, through a fixed site on a school campus.

3. School-Linked Health Care
School-Linked Health Care programs are linked with schools to coordinate and provide health care for students. Services are delivered off campus through a fixed site near the school.

4. School-Based Mental Health Program
School-based mental health programs are partnerships similar to SBHCs but only provide behavioral/mental health.

5. Mobile Health Care
Mobile Health Care programs are without a fixed site that rotate a health care team through a number of schools, including mobile van/bus/clinic on wheels that parks on or near school property/campus.

6. Telehealth
Telehealth programs deliver 100% of school-based health care services using telemedicine technology.
Welcome!

BJC Healthcare
Burrell Behavioral Health
Central Ozarks Medical Center
Children’s Mercy Hospital
Citizen’s Memorial Hospital
Clarity Healthcare
Complete Family Medicine
Comtrean
FCC Behavioral Health
Health Care Collaborative of Rural Missouri
Heartland Behavioral Health
Missouri Highlands
Missouri Ozarks Community Health
Ozarks Community Health Center
ReDiscover
Samuel U. Rodgers Health Center
Affton School District
Belton School District
Buder Elementary
Carl Junction School District
Columbia Public Schools
Green City R-1 Schools
Hazelwood School District
KIPP St. Louis Public Schools
Kirkville R-III
Kirkwood School District
Lee’s Summit R-7
Mexico Public Schools
NC School
Nixa Schools
Northwest R-1
Owensville High School
Raymore Peculiar School District
Richmond School District
Ritenour School District
Riverview Gardens
Rockwood School District
Salem School District
UMSL Charter Schools
Waynesville R-VI
Wentzville School District
Wright City School District
Cigna
GlaxoSmithKline
KCU
Kansas City Health Department
Jewish Family Services
Missouri Care
Missouri Foundation for Health
Missouri Parents as Teachers
MO DHSS
MO State Board of Nursing
MU Extension
St. Louis Psychoanalytic Institute
UHC
Washington University in St. Louis
Re-Entry and Reopening Guidance

- MSBA’s Center for Education Safety Pandemic Recovery Considerations: Re-entry and Reopening of Schools
- National Association of School Nurses Interim Guidance: Role of School Nurse in Return to School Planning
- American Academy of Pediatrics COVID-19 Planning Considerations: Return to In-person Education in Schools
- Please email us at info@moschoolhealth.org your outstanding questions to prepare for our May 22nd Listening & Learning Session focused on re-entry.
Role of SBH Programs Throughout School Re-Entry

- Closing the immunization gap critical to re-opening schools
- Providing COVID testing if approved (or any other diagnostic testing)
- Supporting tracking cases & quarantine efforts to reduce exposure & spread
- Providing preventative & urgent care for chronic health conditions (i.e. asthma), which reduces ED visits
- Providing medical supplies (i.e. PPEs, thermometers, etc.) that schools/school nurses cannot currently access
- Supporting the establishment of school cleaning & sanitizing procedures
- Educating staff on the symptoms of COVID-19, helping to establish protocols for screening, assessing symptoms, and providing basic health education
Mental Health & Well-Being

- Amanda Arnold, RN, BSN, Chief Clinical & Risk Officer
  - Health Care Collaborative of Rural Missouri/Live Well Community Health Centers

- Amy Hill, LCSW, System Director, School Based Services
  - Burrell Behavioral Health
• What challenges do you have related to mental health?

• What concerns do you have related to mental health?

• What resources or strategies have you found helpful for supporting student mental health? For supporting caretakers or your own mental health?

• How have you adjusted your mental health efforts to meet the needs of students/families now? What changes are you planning for as we plan for re-entry?
Mental Health Resources

Articles

• Helping Students Through Pandemic Grief and Trauma from SLJ
• Coronavirus Disease 2019 (COVID-19) and Mental Health for Children and Adolescents

Toolkits & Resources

• COVID-19 Resources from National Center for Youth Mental Health
• MSBA’s Resources for the COVID-19 Pandemic
• MOSHBA’s COVID-19 Resources
Mental Health
Upcoming Webinars

Suicide Prevention, Intervention, and Postvention During COVID-19: What School-Based Staff Need to Know by the National School-Based Health Alliance

- Tuesday, May 12, 2020 from 1:00 pm to 2:00 pm (CST)
- Register here to attend!

Practicing Self-Care: Building Resilience to Combat Burnout & Secondary Traumatic Stress presented by the Kansas City Suicide Awareness & Prevention Program

- Tuesday, May 19, 2020 from 12:00 pm to 1:00 pm
- Register here for Zoom webinar!
Resources from MU Extension

- **Youth Mental Health First Aid**—available to schools at no cost through partnership with the MSBA
- **Taking Care of YOU: Body, Mind, Spirit**—available online at no cost
- Also **Tips for Co-Parenting During COVID-19** & upcoming **Childcare Training** on May 12th & 14th
- Contact Amy Bartels at bartelsa@Missouri.edu for more information
Next Listening & Learning Session on School Re-entry Planning

Friday, May 22\textsuperscript{nd}

9:00 AM to 10:00 AM

Register at moschoolhealth.org/news-events

Complete our evaluation of today’s session to inform future topics.
Resources

National School-Based Health Alliance
[w] www.sbh4all.org

Show-Me School-Based Health Alliance of MO
[w] www.moschoolhealth.org
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Thank you to those whose financial and in-kind contributions support our efforts!

Interco Charitable Trust

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