Listening & Learning Session:
Social Determinants of Health
Friday, June 5, 2020
Show-Me School-Based Health Alliance of MO

Mission: We support communities in building and sustaining quality school-based health programs.

Access to Resources & Best Practices

Peer-to-Peer Networking Across MO Programs

Advocacy & Coalition Building

Target Audience
School districts, community stakeholders, and the healthcare providers that serve them.

Data Collection & Evaluation

Technical Assistance

Training & Education
THE BIG SIX

The Show-Me School-Based Health Alliance has expanded the types of school-based health programs to represent the six types of programs that exist in districts throughout Missouri.

1. Comprehensive School-Based Health Center
Comprehensive School-Based Health Centers are a partnership between schools and community health organizations that deliver primary health care, behavioral/mental health care, oral care, and vision care coordinated by the center—even if they are delivered by different providers.

2. School-Based Health Center
School-Based Health Center (SBHC) programs are partnerships between schools and community health organizations that deliver primary health care, at minimum, through a fixed site on a school campus.

3. School-Linked Health Care
School-Linked Health Care programs are linked with schools to coordinate and provide health care for students. Services are delivered off campus through a fixed site near the school.

4. School-Based Mental Health Program
School-based mental health programs are partnerships similar to SBHCs but only provide behavioral/mental health.

5. Mobile Health Care
Mobile Health Care programs are without a fixed site that rotate a health care team through a number of schools, including mobile van/bus/clinic on wheels that parks on or near school property/campus.

6. Telehealth
Telehealth programs deliver 100% of school-based health care services using telemedicine technology.
Welcome!

Affinia Healthcare
BJC HealthCare
Children’s Mercy Hospital
Clarity Healthcare
Clay County Public Health Center
Complete Family Medicine
Comtrea
Cox Health
Delhi Hospital
FCC Behavioral Health
Jordan Valley Community Health Center
KC CARE Health Center
Katy Trail Community Health
Ozarks Community Health
Samuel U. Rodgers Health Center
St. Louis Children’s Hospital
Washington University School of Medicine
Abington School District
Camdenton School District
Confluence Academy
Ewing Marion Kauffman School
Ferguson - Florissant
Francis Howell School District
Fulton Public Schools
Hollister School District
Independence School District
Jennings School District
Kansas City Public School
KIPP St. Louis Public Schools
Kirkville R-III
Kirkwood School District
La Salle Middle School
Lee’s Summit R-7
Lift for Life Academy
NC School
Northwest School District
Richmond School
Salem School District
Waynseville
Webster Groves
Wentzville School District

Health Equity Works
KCU
LevelUP Kids, Inc.
Missouri Care Health Plan
Missouri Foundation for Health
MO Coalition for Community Behavioral Healthcare
MO DESE
MO DHSS
MU Extension
Washington University in St. Louis
Overview for Today’s Session

• Recap of Listening & Learning Sessions to date
  • Recordings & summaries accessible here

• Listening & Learning discussion
  • Social Determinants of Health

• Resources

• Q&A
Learnings From L&L Session on Communication During COVID-19

• Prioritize periodic outreach and communication with partners
• Prioritize periodic outreach and communication with students & families
  • Prioritize assessing needs of students with chronic conditions or significant social/emotional/medical needs
• Consider planning for students & parents with concerns or reservations about accessing health services at school (SBH programs)
• Resources include Trauma-Informed Communication + Decision Making Guide, Risk Communication Field Guide Questions & Key Messages, and Leveraging Social & Emotional Learning
Learnings From L&L Session on Mental Health

• Many programs have shifted to providing mental/behavioral resources to telehealth—continue to explore for future additional periods of virtual learning

• Prioritize self-care for educators, school leadership, and all providers, especially mental health and frontline staff

• Plan for compounded mental health needs as students (and staff) return to school

• Resources include Taking Care of YOU: Body, Mind, Spirit, Youth Mental Health First Aid, and Helping Children Cope With Changes Resulting from COVID-19
Learnings From L&L Session on School & School-Based Health Program Re-Opening

• Continued importance of communication & collaboration with partners, including local health departments
• Balance the planning for the unknown with a phased approach, flexibility, and open-mindedness
• Plan for meeting unmet student needs—immunizations, oral health, social needs, etc.
• Consider operational changes for SBH program, including screening, social distancing, infection control
Role of SBH Programs to Support School Re-Entry

1. Closing the immunization gap critical to re-opening schools
2. Providing COVID testing if approved (or any other diagnostic testing)
3. Supporting tracking cases & quarantine efforts to reduce exposure & spread
4. Providing preventative & urgent care & behavioral/mental health services to address gaps & reduce ED visits
5. Providing medical supplies (i.e. PPEs, thermometers, etc.) that schools/school nurses may not be able to access
6. Supporting the establishment of school cleaning & sanitizing procedures
7. Educating staff on the symptoms of COVID-19, helping to establish protocols for screening & assessing symptoms & providing basic health education
School Re-Entry Guidance*

• Centers for Disease Control & Prevention [Interim Guidance for Schools & Child Care](#)

• American Academy of Pediatrics [COVID-19 Planning Considerations](#)

*Template to guide local discussion; NOT a one size, fits all document. Protocols will change as local conditions change.
Discussion: Responding to Student Needs Related to Social Determinants of Health

- Dr. Sarah Garwood, Physician, The SPOT @ Jennings High School

- Cristina Marquez, LCSW, Trauma Sensitive Schools Clinician, Kansas City Public Schools

- Rebecca Anderson, Director of Care Coordination, KC CARE Health Center
SDOH Screening Tool

Arizona Self Sufficiency Matrix

Goal of the assessment is to determine how self sufficient a parent is and then create goals around the areas where they are struggling.

The domains we look at are: child care, children's education, parenting/coping skills, dental/vision, family/partner/social relations, health insurance, medical needs, child's mental health, income, housing, transportation, food and household items, language, medication costs, medication adherence, ED utilization.

It is critical for us to assess needs that impact the entire family and then also isolate needs that impact the child, as we know we cannot impact a child without helping the entire family system and it starts with the parents.
The three groups we are serving are – our clinic pediatric patients, pregnant mom’s and her kiddos, CMH’s ICS network, and Central high school.

An ideal state is we assess every person using the ASSSM, but that isn’t realistic right now due to not being in person and people’s willingness to spend that much time on the phone with us.

Our workarounds have been instead of receiving referrals from providers, we are outreaching all patients to check on them, particularly patients who are high risk (chronic conditions, MH conditions). We are then providing information on services available to them during COVID.

Our pregnant moms, in lieu of doing home visits, which is the ideal state, we are doing virtual visits of their home via FaceTime to assess for things like safe sleep, supplies for baby and do breastfeeding education.

We are using virtual visits whenever possible so we have eyes on the home environment still.

We are letting the patient guide the conversation on what their needs are vs. doing a massive assessment of needs.

Once school resumes, if it isn’t in person, we will be doing outreach to kiddos missing classes on Zoom.
Current Barriers

A lot of resources haven't been open or available due to COVID

People are so overwhelmed with the pandemic they aren't motivated to work on their goals, so we are seeing less enrollments and more one time touches

Patients are avoiding hospitals and doctors offices, so we are spending a lot of time promoting telehealth and still encouraging patients to come in when needed and communicate with their provider

People's goals have changed and now we are seeing the need to address a lot of basic needs like income, food, and so it is hard to get at the deeper issues like parenting skills or coping.
Additional Resources

- Example resource list—Kansas City Public Library

- Social Determinants of Health: Know What Affects Health from the CDC

- Resources & Curriculum from the National Collaborative for Education to Address the Social Determinants of Health from Northwestern
Funding Opportunities

• MOSBHA Mini-Grant Grant—Due June 30, 2020
  • Direct costs associated with planning, implementing, or sustaining a SBH program, including those related to addressing COVID-19

• Healthier Kids for Our Future from Cigna—Due Sept. 30, 2020
  • Mental Health for Trauma Informed Practices or Social Emotional Learning
  • Food Insecurity to address gaps in food access
Stay tuned for information on our next Listening & Learning Session!

We want to hear from you to inform planning of future sessions—please complete today’s evaluation here.
Resources

National School-Based Health Alliance
[w] www.sbh4all.org

Show-Me School-Based Health Alliance of MO
[w] www.moschoolhealth.org
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