School-Based Health Program Operations & Other School Reopening Considerations
COVID-19 Listening & Learning Session

Friday, August 7, 2020 9:00 AM to 10:00 AM
**Show-Me School-Based Health Alliance of MO**

**Mission:** We support communities in building and sustaining quality school-based health programs.

**Target Audience**
- School districts,
- community stakeholders, and the healthcare providers that serve them.

**Access to Resources & Best Practices**
**Peer-to-Peer Networking Across MO Programs**
**Advocacy & Coalition Building**
**Data Collection & Evaluation**
**Technical Assistance**
**Training & Education**
Welcome!

BJC HealthCare
CareSTL Health
Cerner
Children’s Mercy Kansas City
Citizen’s Memorial Hospital
Clarity Healthcare
Clay County Health Department
Complete Family Medicine
Comtrea
Cox Health
FCC Behavioral Health
Freeman Health System
HCC of Rural Missouri
Missouri Highlands
Missouri Ozarks Community Health
ReDiscover
St. Louis Children’s Hospital
Samuel U. Rodgers Health Center
Southern Missouri Community Health
Washington University School of Medicine
The Tooth Truck, Inc.
Affton School District
Buder Elementary
Confluence Academy South City
Ewing Marion Kauffman School
Ferguson-Florrisant
Fulton Public Schools
Kansas City Public Schools
Kennett Public Schools
KIPP St. Louis Public Schools
Kirkville R-III
Kirkwood School District
Mexico Public Schools
Nixa Public Schools
Owensville High School
Popular Bluff Schools
Premier Charter School
Richmond School
Riverview Gardens
Rolla Public Schools
Salem
UMSL Sponsored Charter Schools
Family Court of St. Louis County
GlaxoSmithKline
KCU
Kids Win Missouri
Legal Services of Eastern Missouri
LevelUP Kids, Inc.
Missouri Care Health Plan
Missouri Foundation for Health
MO Coalition for Community Behavioral Healthcare
MO DESE
MO DHSS
MO DSS
MO State Board of Nursing
MSBA’s Center for Education Safety
Nurses Moving Forward, LLC
Washington University in St. Louis
University of Missouri
Overview for Today’s Session

• 2020/2021 Start of School Landscape & SBH Program Operations

• Preparing for Return to School
  • Margo Quiriconi, RN, MPH | Director, Community Health Initiatives
    Children’s Mercy Kansas City

• SBH Program Guidance & Responding to Student Needs

• School-Based Health Program Operations: Telehealth
  • Tabitha Ferwalt | Virtual Visits Product Manager | CoxHealth
2020/2021 Start of School Landscape: Phases & Learning Models

**Completely Virtual Learning**
- Synchronous instruction
- Asynchronous instruction

**Hybrid Model**
- Parents/families choose either in-person or virtual
- Alternate students on alternate days

**In-Person**
- Significant changes to day-to-day
POLL QUESTION

How is your school district/school district partners/home district currently planning to begin the school year?
# School Opening Protocols

## Phases

<table>
<thead>
<tr>
<th>Phase</th>
<th>Description</th>
<th>Key Protocols</th>
</tr>
</thead>
<tbody>
<tr>
<td>Phase 1</td>
<td>Severe and uncontrollable levels of COVID-19 in our community</td>
<td>Authorities are advising residents to avoid contact with others whenever possible and avoid leaving home except for the most essential needs.</td>
</tr>
<tr>
<td>Phase 2</td>
<td>Significant and uncontrollable levels of COVID-19 in our community</td>
<td>Authorities are advising residents to maintain contact with others and avoid medium or large gatherings.</td>
</tr>
<tr>
<td>Phase 3</td>
<td>Demonstrated reduction in transmission of COVID-19. Local healthcare systems are within capacity.</td>
<td>Authorities are advising residents to resume regular contact with others unless they’ve been exposed to the virus or are sick with the virus.</td>
</tr>
<tr>
<td>Phase 4</td>
<td>Minimal and controlled levels of COVID-19 in our community</td>
<td>Authorities are advising residents to resume regular contact with others unless they’ve been exposed to the virus or are sick with the virus.</td>
</tr>
<tr>
<td>Phase 5</td>
<td>Controlled levels of COVID-19 in our community</td>
<td><strong>Ongoing</strong> with 75% of students or less learning in-person on campus. District stakeholders have access to campuses and district facilities.</td>
</tr>
</tbody>
</table>

## How we will respond

<table>
<thead>
<tr>
<th>Building Status</th>
<th>Controlled access of all campuses and district facilities. Limited access to the public (by appointment only) following social distancing guidelines.</th>
</tr>
</thead>
<tbody>
<tr>
<td>Personal Safety Protocols</td>
<td>* Social distancing * Required face coverings * Increased hand hygiene and hand washing</td>
</tr>
<tr>
<td>Academic and Instructional Continuity</td>
<td>All students learning remotely at home. No UIL or extracurricular activities.</td>
</tr>
<tr>
<td>Operations</td>
<td>Intensive sanitizing occurs daily in restrooms, hallways, and other common areas.</td>
</tr>
<tr>
<td>Transportation</td>
<td>No transportation provided.</td>
</tr>
<tr>
<td>Nutrition</td>
<td>Curbside meal distribution and limited meal services to include prepared meals on campus.</td>
</tr>
<tr>
<td>Staff</td>
<td>Limited and scheduled staff to complete essential tasks. Functional staff reporting as directed or approved by supervisors.</td>
</tr>
</tbody>
</table>

**How we will respond**

**Seasonal Flu**

- Controlled access of all campuses and district facilities. Limited access to the public (by appointment only) following social distancing guidelines.

**Recommended Social Distancing**

- Open with 50% of students or less learning in-person on campus. Access to the public (by appointment only) following social distancing guidelines.

**Standard Practices**

- Open with 75% of students or less learning in-person on campus. District stakeholders have access to campuses and district facilities.

**Standard Sanitary Measures**

- Fully open with 100% of students learning on-campus.

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Aldine ISD's protocols are based on information from local health department reports and other guidance received from national, state, and local agencies. **Please align with local health guidelines.**

*We will follow UIL recommendations.* This document is subject to change based on latest updates from health and government officials.

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Created by Aldine Independent School District (Houston, TX)
2020/2021 School-Based Health Program Operations

• Closed to students/community because school building will remain closed; some moving to telehealth operations

• Open to combination of staff/students/community even though school building will remain closed

• Open with significant changes to operations, especially for mobile programs (e.g., oral health, vision, & screening programs)
A Year Like No Others
Return to School 2020

Margo Quiriconi, RN, MPH
Director, Community Health Initiatives
mlquiriconi@cmh.edu
Welcome to the New School Day!

At School
Temp check: a fever is 100.0°F or more.

Class
Desks at least 6 feet apart.

Lunch
Checkerboard seating—outside if possible.

Pickup
Stagger pickups and departures. Reassess security processes to limit exposure.

Before You Leave Home

Lockers
Stagger access to lockers to avoid crowding.

Front Office

Drinking Fountains
Block access or clean frequently.

Labs
Plexiglass between work spaces.

Bathrooms
Every other stall, every other sink.

Back at Home
Wash hands thoroughly. Monitor for symptoms.

Mask Always On
Consider using a megaphone or microphone to project your voice to a large group. (Remember to disinfect between users.)
Transportation

How Many Students Can Ride the Bus?

WITHOUT MASKS
1 student every other row, alternating sides

WITH MASKS
1 student per seat, alternating left and right positions
Social Distancing

Minimizing Congestion

- Designate one-way directions for hallways, exterior paths
- Assign entry and exit doors, and stagger students' arrival and departure times

6 FEET

SOURCE: National Council on School Facilities and Cooperative Strategies
Image: iStock/Getty
Physical Spaces

CIRCULATION

4TH FL (SOUTH)
CIRCULATE ROOM ENTRANCE TO MAIN FLOOR
4TH FL (SOUTH)
GENERAL TRAFFIC
TO STREET

12TH FL (SOUTH)
CIRCULATE ROOM ENTRANCE TO MAIN FLOOR
12TH FL (SOUTH)
GENERAL TRAFFIC
TO STREET

3RD FL (SOUTH)
CIRCULATE ROOM ENTRANCE TO MAIN FLOOR
3RD FL (SOUTH)
GENERAL TRAFFIC
TO STREET

5TH FL (SOUTH)
CIRCULATE ROOM ENTRANCE TO MAIN FLOOR
5TH FL (SOUTH)
GENERAL TRAFFIC
TO STREET

CLASSROOM STRATEGIES

SOCIALLY DISTANCED
- Maximizes distance between occupants
- Clear path of circulation for teachers and paras
- Limited physical modifications to furniture
- Easy to implement
- Limited cost impact
- Layouts marked on floor with various color tape
- Most limiting in number of students per classroom

PHYSICAL DIVIDERS
- Less distance between occupants
- For closer access to students, teachers will use PPE
- Temporary physical modifications to furniture dependent upon system used
- Easy to implement
- Cost impact
- Layouts marked on floor with various color tape
- Accommodates more students per classroom

LOVE WILL.
<table>
<thead>
<tr>
<th>Prevent Infection (safety actions)</th>
<th>Contain (monitor and prepare)</th>
<th>Respond (closings)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Screening</td>
<td>Know who is ill</td>
<td>Close when needed</td>
</tr>
<tr>
<td>Ill children/staff stay home</td>
<td>Ill children/staff stay home</td>
<td>Children requiring isolation can continue online learning</td>
</tr>
<tr>
<td>Hand hygiene</td>
<td>Contact tracing</td>
<td></td>
</tr>
<tr>
<td>Social distancing</td>
<td>Determine when children can return</td>
<td></td>
</tr>
<tr>
<td>Masking</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Cohorting</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Restrict visitors</td>
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</tr>
</tbody>
</table>
• Community spread
• Testing Availability
• Risk Mitigation Strategies and protocols

But the fundamental argument that children, families, educators, and society deserve to have safe and reliable primary schools should not be controversial. If we all agree on that principle, then it is inexcusable to open nonessential services for adults this summer if it forces students to remain at home even part-time this fall.

NEJM, July 30, 2020
COVID-19 and School Return

- School Health website enhancements
- School Re-Opening Webinar- June 26, >10,000 views
- Returning to School web content development
- School Guidance live document
- Ill Child Guidance document
- COVID-19 School Assistance Request
  - Common Requests:
    - Review school policies and school plans
    - Ill child management: when to stay home, what to do with ill child at school; when to return
    - Environment considerations

Guidance for School Re-opening During the COVID-19 Pandemic

Children's Mercy is committed to helping children return safely to school during the COVID-19 pandemic. We have compiled resources for school health care professionals to help children as group activities and facilities re-open.
42nd Annual School Health Conference

300 registered
250 total attendees

Recording and Slides online

3.25 CNE’s

https://www.childrensmercy.org/in-the-community/school-health-support/
Additional Resources

**HOW TO WEAR A MASK**

- **It should COVER YOUR NOSE, MOUTH, AND CHIN.**
- **PINCH THE TOP OF THE MASK** so that it presses gently on your nose.
- **Remove your mask by TOUCHING ONLY THE EAR LOOPS.**

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**FIT-TASTIC! AT HOME**

Being Fit-Tastic is a great way to stay physically active, eat well, relieve stress, and get some fresh air right now.

However, because of COVID-19, we know that may be hard to do at this time.

So we have pulled together some of our favorite resources to share with you.

They are all available online for free, and are designed for you and your family to use while you stay safe at home.
Role of SBH Programs to Support School Reopening

- Closing the immunization gap critical to re-opening schools
- Providing COVID testing if approved (or any other diagnostic testing)
- Supporting tracking cases & quarantine efforts to reduce exposure & spread
- Providing preventative & urgent care & behavioral/mental health services to address gaps & reduce ED visits
- Providing medical supplies (i.e. PPEs, thermometers, etc.) that schools/school nurses may not be able to access
- Supporting the establishment of school cleaning & sanitizing procedures
- Educating staff on the symptoms of COVID-19, helping to establish protocols for screening & assessing symptoms & providing basic health education
Guidance for SBH Programs Throughout School Reopening

Summary Checklist of Considerations for MO School-Based Health Programs: Planning for the 2020-2021 School Year

<table>
<thead>
<tr>
<th>Task</th>
<th>Responsible</th>
</tr>
</thead>
<tbody>
<tr>
<td>Develop a plan for social distancing students and staff.</td>
<td></td>
</tr>
<tr>
<td>Determine if program will be testing for Coronavirus.</td>
<td></td>
</tr>
<tr>
<td>Evaluate the role of telemedicine in your program.</td>
<td></td>
</tr>
<tr>
<td>Understand HIPAA/PPPA and privacy/confidentiality related to COVID-19 reporting, tracking, isolation, risk reduction, etc. etc.</td>
<td></td>
</tr>
<tr>
<td>Develop or adapt written protocol for disinfecting the SBH program space using EPA-approved cleaning products.</td>
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</tr>
<tr>
<td>Procure adequate PPEs, including masks for staff and students, gloves, and gowns.</td>
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</tr>
<tr>
<td>Consider updating protocols to address asthma exacerbation without the use of a nebulizer.</td>
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</tr>
<tr>
<td>Promote prevention of infection including handwashing in the clinic and encourage it throughout the school day.</td>
<td></td>
</tr>
<tr>
<td>Address student towels. If you do not already screen for these, consider implementing systemic screening for food insecurity and depression.</td>
<td></td>
</tr>
<tr>
<td>Continue efforts to collect signed parent/guardian consent forms.</td>
<td></td>
</tr>
<tr>
<td>Communicate, in partnership with school district partners, the services offered at the school-based site and refer to enhanced infection control measures to help assure parents/guardians it is safe for students to be seen by the SBH program.</td>
<td></td>
</tr>
<tr>
<td>Collaborate early and often with school administrators and school nurses. Determine health priorities to address student needs.</td>
<td></td>
</tr>
<tr>
<td>Review plans for addressing suspected COVID-19 cases of students or staff. Partner to provide education for staff and on the symptoms of COVID-19.</td>
<td></td>
</tr>
<tr>
<td>Partner to provide education for school staff on the symptoms of COVID-19.</td>
<td></td>
</tr>
<tr>
<td>Partner to provide training on trauma-informed practices and resiliency for teachers and SBH program staff.</td>
<td></td>
</tr>
<tr>
<td>Foster community partnerships. Reach out to your local health department as early as possible and determine their role and expectations. Consider developing a community-based task force to address student needs and determine what stakeholders should be present. Collaborate with school social workers and community partners to create resource referral lists or on-site services for students and families.</td>
<td></td>
</tr>
</tbody>
</table>
Guidance for SBH Programs Throughout School Reopening

• Support & Collaboration with School District Partners
  • Collaborate early and often on re-entry planning—both for school reopening planning and for decisions related to SBH program operations.
  • Determine health priorities—immunization gap, mental health needs, asthma management, etc.
  • Determine how the SBH program will support suspected COVID-19 cases, screening efforts, and isolation requirements.
  • Partner to prepare for students in crisis and who have experienced grief & trauma.
Guidance for SBH Programs Throughout School Reopening

• **Operations & Physical Space**
  • Create and/or adapt protocols for COVID-19 screening.
  • Develop plan for social distancing of students & staff.
  • Determine if program will be testing for COVID-19 or referring to a testing site.
  • **Understand HIPAA/FERPA and privacy/confidentiality related to COVID-19 reporting, tracking, isolation, risk reduction, etc.**
  • Evaluate the role of telemedicine in your program.
Guidance for SBH Programs Throughout School Reopening

• Infection Control
  • Develop or adapt written protocol for disinfecting the program space using EPA-approved cleaning products.
  • **Procure adequate PPEs.**
  • Update protocols to address asthma exacerbation without the use of a nebulizer.
  • **Promote prevention of infection, including handwashing.**
Guidance for SBH Programs Throughout School Reopening

• **Addressing Student Needs**
  • Develop screening procedures & referral resources for social determinants of health.
  • Heighten efforts to collect signed parent consent forms.
  • Communicate with school district & parents about services offered and measures taken to assure infection control.

• **Community Partnerships**
  • Partner with local health authorities & other community/regional efforts.
  • Collaborate with school social workers to create referral resources.
Tabitha Ferwalt
Virtual Visits Product Manager
Key Resources—Upcoming Webinars

NNOHA Health Center School-Based Dental Programs & COVID-19: A Listening Session—Register here.
  • Monday, August 10th from 12:30 pm to 1:30 pm

Asthma Management at School w/ MO Telehealth Network’s Asthma Community Education (ACE) ECHO—Register here.
  • Tuesday, August 11th from 12:00 pm to 1:00 pm

Summer School w/ the National SBHA—Register here.
  • Tuesdays from 11:00 am – 12:00 pm CST through 8/19
Key Resources—Toolkits & Other Info

- MSBA’s Pandemic Recovery Considerations
- DHSS & DESE Address FAQs about School Reopening
- Centers for Disease Control & Prevention
- Children’s Mercy Kansas City
- Washington University Pediatric & Adolescent Ambulatory Research Consortium
- MO DHSS PPE Resources
MOSBHA Listening & Learning Sessions

• Confidentiality & Contact Tracing: HIPAA/FERPA & COVID-19
  • Friday, August 21 | 9:00 am to 10:00 am | Registration Link

• Trauma & Mental Health: Addressing Student & Staff Needs
  • Friday, September 11 | 9:00 am to 10:00 am | Registration Link

• Topic TBD based on participant feedback & emergent issues
  • Friday, September 25 | 9:00 am to 10:00 am | Registration Link

Kindly complete today’s evaluation here!
Resources

National School-Based Health Alliance
[w] www.sbh4all.org

Show-Me School-Based Health Alliance of MO
[w] www.moschoolhealth.org
[p] 800-807-8494
[e] info@MOschoolhealth.org
[s] @MOSchoolHealth

MOSBHA Staff
Molly Ticknor, Executive Director
[e] mticknor@moschoolhealth.org

Molly Imming, Training & TA Manager
[e] mimming@moschoolhealth.org

Rachel Barth, Evaluation Coordinator
[e] rbarth@wustl.edu

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Thank you to those whose financial and in-kind contributions support our efforts!

Interco Charitable Trust

Washington University in St. Louis
George Warren Brown School of Social Work

Missouri School Boards' Association

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